



December 2021

Chapter Officers: 2021 -2022

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Falls of the Rappahannock

Chapter NSDAR



Thursday, December 16

5:30pm—7:30pm

Program: Colonial Dining

Place: Colonial Tavern

406 Lafayette Blvd.

Purple Onion Gift Exchange

December Meeting

What to bring to the meeting:

Yourself!

Purple Onion Gift

Donations for our Piggy Banks

Coupons

Coke caps

Aluminum tabs

Adult and Children's Books



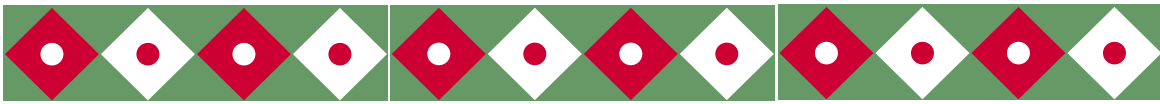
Community Class Room Needs:

Dry erase Makers—6 sets

Dry erasers—6 of them

Dry erase spray—6 of them

Dry Erase Protractor for pre-calc



January Meeting

Thursday, Jan 13, 7 pm

Program: Awesome Possum

Speaker: Karen Brace

Place: TBD

[https://us02web.zoom.us/j/83974621824?](https://us02web.zoom.us/j/83974621824?pwd=WFpPTFBGVmtoempHeC9obm1RR2krUT09)
[pwd=WFpPTFBGVmtoempHeC9obm1RR2krUT09](https://us02web.zoom.us/j/83974621824?pwd=WFpPTFBGVmtoempHeC9obm1RR2krUT09)

Meeting ID: 839 7462 1824 Passcode: 010228

One tap mobile +13017158592,,83974621824# US (Washington DC)



You don't want to miss this meeting!

Chapter Chat with the Regent

Dear DARling Daughters,

This year seems to have flown by. I hope this newsletter finds you well and ready to take on the New Year.

As Myra mentioned in last month's newsletter, I had the chance to visit Europe, if only for a week. While in Paris, I saw the Tomb of the Unknown Soldier, and the park where the French danced with joy, when the American's won the Revolution. It was a great experience and I hope to head back again.

But now it's time to get busy for the new year! We have lots of things lining up for our Chapter. If you are interested learning more about the DAR, we will have Members, New Horizons and Committee Courses zoom meetings available. The cost of GEP Courses have gone down, so check those out too! Book club will start up again in January, please see our book choice in this newsletter.

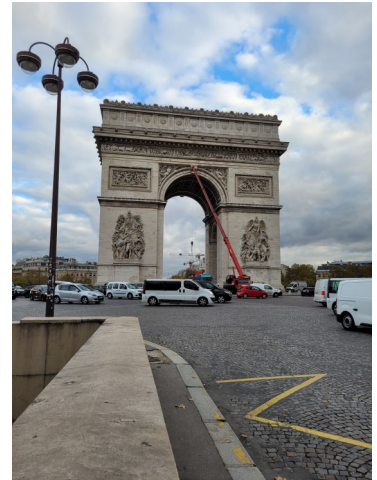
March brings the VADAR State Conference, it is in Richmond this year, a little closer to home. I hope that many of you will consider attending.

I would also like to ask you all to think about becoming a FOTR Board Member. Elections will be coming up soon. Please let us know if you are interested.

I wish you all the best this holiday season.

Sonja Johnson

Chapter Regent



DARlings

Our Chapter DARlings were on the road again in November.

They attended the National Defense Luncheon, Tomb of the Unknown Soldier Events, and a Wreath Laying Ceremony.



President Generals Message

December 2021

Traditions Connect the Generations

The Dictionary defines a tradition as “the transmission of customs or beliefs from generation to generation.” Holiday traditions, in particular, help us to not only honor our past but to also ensure that our values will be carried forward. For many of us, this is the most wonderful time of the year, as we gather with family and friends to savor feasts – and memories. It is certainly my hope that after several difficult and disappointing years that you and yours will be able to reunite across the generations to celebrate the holiday season together this year.

I hope that in many respects, that your chapter has its own anticipated holiday traditions to which you will also look forward. Perhaps it is a special tea or a holiday-themed brunch; maybe you collect books for a local library or participate in a program that provides toys for children in need; many chapters remember the heroes at their local VA Medical Center or donate items to our men and women who are serving in uniform overseas during the holidays. Some will support American Indians; others, local emergency responders. However you bring the joys of the season to those who deserve our support, I thank you for your devotion to our mission of service.

If holiday movie watching is on your list of traditions, I suspect that the Frank Capra classic film *It's a Wonderful Life* might be in your plans. In it, beleaguered savings and loan executive George Bailey searches to understand if his life has had meaning – only to realize that his impact was immeasurable through the thousands of small ways that he helped his fellow man without ever pausing to appreciate the cumulative impact of his own altruism.

I have often thought that there is a comparison to the film's message to that of our own beloved society. Imagine the lives that we have improved through our scholarships, civics instruction and military support. Think of the local history that would have been lost had it not been for the dedication of the women who went before us. Consider the consequences for a nation where respect for our Flag and appreciation for our rights and responsibilities as citizens were neglected. Never have we sought recognition – but rarely have we paused to realize the enormous impact that we make. Please take time to do so with your fellow members during this final month of 2021. What are the proud traditions that your chapter has established? How have you impacted your community for the better? How can you make that impact larger still in the new year ahead?

In 1831, Frenchman Alexis de Tocqueville toured and wrote about our new nation, including the uniquely American tendency toward volunteerism. In his *Democracy in America*, he reflected: “In the United States, as soon as several inhabitants have taken an opinion or an idea they wish to promote in society, they seek each other out and unite together once they have made contact. From that moment, they are no longer isolated but have become a power seen from afar whose activities serve as an example and whose words are heeded.” Your engagement in the work of our National Society is just such a phenomenon. Thank you for passing the torch lit by your Patriot ancestor more than two centuries ago onto future generations through active involvement in our service organization.

Merry Christmas to those who join my family in celebrating, and happy holidays to all. ‘

Tis our season to shine.

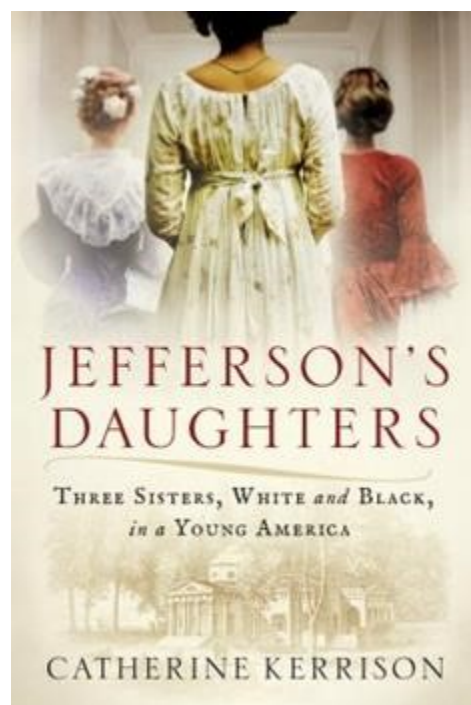
Rise and Shine for America,

Denise Doring VanBuren
President General



DAR Book Club: January

The remarkable untold story of Thomas Jefferson's three daughters--two white and free, one black and enslaved--and the divergent paths they forged in a newly independent America Thomas Jefferson had three daughters: Martha and Maria by his wife, Martha Wayles Jefferson, and Harriet by his slave Sally Hemings. In Jefferson's Daughters, Catherine Kerrison, a scholar of early American and women's history, recounts the remarkable journey of these three women--and how their struggle to define themselves reflects both the possibilities and the limitations that resulted from the American Revolution.



Please Join us via [Zoom](#)

January 24th, 7pm

<https://us02web.zoom.us/j/86714816444?pwd=eE85Ry9LRFG3c1A2a2FtQXprNmpwdz09>

Meeting ID: 867 1481 6444

Passcode: 304863

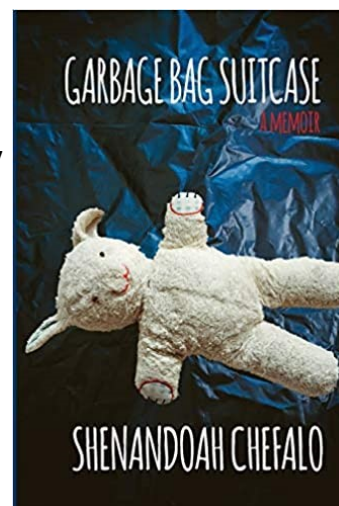
DAR Book Club: February

Garbage Bag Suitcase is the true story of Shenandoah Chefalo's wholly dysfunctional journey through a childhood filled with neglectful, drug-and alcohol addicted parents, constant moves in the middle of the night, multiple schools, lack of food, and loneliness. Forgotten birthdays, drug-fueled parties and empty pantries were the norm in whatever household they ended up residing in.

Ms. Chefalo will be our speaker at our March meeting.

If you would like to join the February Book Club, please let me know.

Zoom meeting info will be in January's newsletter and on our Facebook Page.



Members, New Horizon and Committee Courses

Questions about the Members, New Horizon or Committee Courses? Please email me and I will send you the information to sign up. You will have a year to complete the course and you will learn so much!!!

Sonja.k.johnson@gmail.com

Topic: Members, New Horizons and Committee Courses

Time: Jan 30, 2022 03:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/89766022641?pwd=VzdxTmtlS2k2SVJESm9tMHhZNXk4QT09>

Meeting ID: 897 6602 2641

Passcode: 865318

One tap mobile

+13017158592,,89766022641# US (Washington DC)



DAR Conservation

Outdoor water hazards

Outdoor water taps and hoses can freeze and burst, leading to a huge mess and a waste of water. Winter water conservation starts with closing your outdoor taps. First, open them so water flows through the taps and hoses. Then turn off the taps inside your house that lead to the outdoor taps and let the water drain outside. Drain the hoses and store them, and then close the outdoor taps.

Insulate indoor pipes

Water pipes, particularly in the basement, can be prone to freezing during cold snaps. Frozen pipes can burst, which wastes a lot of water and can mean a major clean-up job for you. Insulate pipes near the outer walls.

If you have pipes that are prone to freezing, leave the tap open just enough for a trickle of water to flow through the pipe. This can prevent the pipes from freezing completely and bursting.

You can also insulate your hot water pipes in the house. When the temperature outside drops, your pipes get cold, too, which means you have to run the water longer before it's warm enough for a shower. Insulating your hot water pipes will reduce the amount of water you waste for every shower.

Reduce water consumption in the house

Less water use means better water conservation. When you have to replace toilets, faucets and shower heads, move to low-flow models. They'll quickly pay for themselves in water savings.

You can also replace your hot water tank with an instant hot water recirculating system or a tankless hot water system. These systems deliver hot water as soon as you turn on the faucet, so you don't waste water waiting for the shower to heat up. Americans waste thousands of dollars and also thousands of gallons of water every year this way.

For a low-tech, alternative, put a bucket in the shower to collect cold water and use it to water your indoor plants.

Washing up conservatively

There's always a big clean-up after a holiday meal or party, and that consumes a lot of water.

Dishwashers consume less water than washing by hand. You can also save water by scraping leftovers into the compost, rather than rinsing the dishes.

Run the dishwasher only when it's full. By the same token,

wash only full loads of laundry to maximize your water conservation.



Genealogy Education Programs (GEP)

Exciting News About the GEP, the DAR's Genealogy Education Program! Beginning January 1, 2022 the new prices will be as follows:

Course 1: Introduction to Genealogical Research for DAR Applications \$75

Course 2: Applying Genealogy Research Techniques to DAR Applications \$75

Course 3: Advanced Techniques for Resolving Problems with Lineage or Service \$75

Course 4: DNA and the DAR: Using DNA as a Piece of the Evidence for a DAR Application \$75

Course 5: eApps: The Beginner's Guide to Electronic Applications will remain at \$25 and the Mid-Level Review Training Program will remain at \$10.

The Registrar Training Course remains free for all current and incoming chapter registrars.

The GEP courses provide the most complete and up-to-date information on the proper completion and documentation standards required by the DAR for the verification of Applications and Supplementals.

These courses are a wonderful opportunity to expand your genealogical knowledge, and to learn more about how to properly prepare and submit any DAR Application or Supplemental.

They cover a wide variety of topics, such as how to conduct basic genealogical research, how to navigate the NSDAR's Genealogical Research System (GRS) and various databases, how to write an analysis or service study, and much more!



Dates to Remember

January 2, 2022—2PM CMR Meeting with Board Members and Committee Chairmen

January 13, 2022— 7PM January Meeting

January 15, 2022—CMR Report is due.

January 24, 2022—7PM Book Club Zoom Meeting

January 30, 2022— 3PM - Members Course Zoom Meeting

February 10, 2022—7pm February Meeting

March 24-27 VADAR State Conference, Richmond



SERVICE to AMERICA!

Our Chapter hours donated total as of November 2021

1917

Please remember to log your hours!

**[http://services.dar.org/members/committees/
ServicetoAmerica/](http://services.dar.org/members/committees/ServicetoAmerica/)**

The Service to America! Committee encourages community service by **all** members on **all** levels as a means of honoring our heritage. You may now count your DAR hours!

If you don't want to (or can't) enter your service hours, please send them to one of the officers and we will do it for you! Emails for officers are on the front page of the newsletter.