



**September 2021**

**Chapter Officers: 2021 -2022**

**Regent**

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www.fotrDAR.org

# ***Falls of the Rappahannock Chapter NSDAR***



**September 9th**

**7pm**

**Program: It Started With 4H  
(Passion for Quilting)**

**at**

**Austin Ridge Club House**

**31 Boulder Drive, Stafford, VA 22554**

***This is a hybrid meeting, please see next  
page for Zoom link.***

## September Meeting

### What to bring to the meeting:

Yourself!

Donations for our Piggy Banks

Coupons

Coke caps

Aluminum tabs

Donations for H2O or Gatorade

Donations for K9 Police Dog

Adult and Children's Books



### Community Class Room Needs:

Dry erase Makers—6 sets

Dry erasers—6 of them

Dry erase spray—6 of them

Dry Erase Protractor for pre-calc

## Zoom Information

Topic: DAR September Meeting

Time: Sep 9, 2021 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/84070933899?pwd=ZmRlbTBqaEF3aUxGZGJKSnBaNG5QUT09>

Meeting ID: 840 7093 3899

Passcode: 105184

One tap mobile

+13017158592,,84070933899# US (Washington DC)

+13126266799,,84070933899# US (Chicago)

## Chapter Chat with the Regent

Dear DARling Daughters,

Who's excited for this DAR Year!!!

September is going to be a busy month. We have proclamations to receive for Constitution Week, Community Day at Hurkamp Park, Fall Summit, and Saluting Branches.

On the 7th we are receiving a Proclamation from the Stafford County Commissioners at 3pm, and that night we are going to the White Oak Volunteer Fire Department. September 11th will be the 20th anniversary of that fateful day when America was under attack, our chapter to will be honoring those first responders/firefighters. If you could donate a gift card to this cause that would be great!!!! You can drop them off at my house, or I can meet you somewhere to pick them up.

On the 14th we will be receiving a Constitution Week Proclamation from the Fredericksburg Council.

Constitution week is September 17th to the 23rd. We will be handing out pocket constitutions, flags and other items at Community Days on the 11th.

I would also like to talk to the members in regards to sponsoring a couple of children through Dolly Parton's Imagination Library. Please attend our meeting on the 9th for more information.

Our October Service to America Project is in the planning stages; our chapter will hopefully be adopting a K9 from the Fredericksburg Police Department. I would love it if we could raise some money for this pups K9 Vest. They will also need gift cards (any amount) for toys and treats. Think Dog Krazy, PetSmart, Chewy, etc. If anyone would like to help with this project, please let me know.

We have a great year planned with projects, programs and presentations.

Remember to put in your Service to America hours on a monthly basis.

Thank you for all you do!!!

Sonja Johnson, Chapter Regent



“We want a society founded on service.”

Eugenia Washington, NSDAR Founder

## Saluting Branches

Saluting Branches will be held on 22 Sept 2021, If you haven't participated before, this is an all-volunteer arborist group that visits National Cemeteries each Sept, cutting down dead or sick trees, clears stumps, cuts trees that will possibly damage headstones. They arrive at 6am and work until 5pm. The trees/branches/stumps are ground up and used for mulch/compost at the cemetery, so it is all reused. This organization was cancelled during 2020, so Quantico has a long list of work for the arborists.

Chapters in both D5 and D9 have come out to help serve lunch, donate water, & Gatorade. We, as in Virginia DAR chapters have supported the Saluting Branches for about 10 years (I think).

Once again, we would like to have Water and Gatorade donations, the lunch is usually donated by Mission BBQ

If you are interested in volunteering your time to help serve lunch, please email Susan Harvin as they will need approx. 10 volunteers on that day. Any one from our Chapter wishing to donate water or Gatorade should bring those items to the September 9<sup>th</sup> meeting for Susan Harvin to take with her.

The Cemetery will provide the ice and coolers.

As a FYI the cost of water/Gatorade and mileage can be counted on the Veteran page CMR, and of course your volunteer hours can be listed on Service to America.



## President Generals Message

### Help Your Chapter's Light to Shine!

After the limitations of the pandemic and the vacation months of summer, now is the time to get back to the business of DAR! Let us focus our "pent up" energy to propel our Society to new heights of achievement in the months ahead. After all, we want to make sure that our in-person Continental Congress next year is spectacular in every way.

If you are wondering where to start, take a look at our annual Chapter Achievement Awards as a guide. The form recognizes the accomplishments of chapters large and small. But reviewing it also provides clear insight into the things that are most important to gauging the health and vibrancy of your chapter.

I know many members have never had a reason to review the form (which can be found on the DAR Members' Website within the Chapter Achievements Award Committee, under Planning Guide), so please allow me to provide a high-level overview.

Essentially, each section provides "points" to your chapter. The five chapters with the highest scores are honored on the stage at Constitution Hall during Congress. Points are awarded for critical administrative functions, such as making sure all dues are received on time (so please pay yours promptly when you receive your chapter's notice). Others involve keeping open the lines of communication, e.g. magazine subscriptions, public relations outreach, reading this President General's message at meetings, etc.; still others address important topics such as sharing our National Defense content.

Three primary sections of the form offer the most potential for accruing points:

**Membership:** Every new member earns your chapter 30 points; if she is a Junior member, score an additional 15 points. (By the way: Who is YOUR 2020 ONE new member?)

**Service/Training:** Did you complete a National DAR Day of Service activity? Do you participate in other service projects? Have you taken our genealogy education programs or the Members or New Horizon courses? Those also earn CAA points for your chapter.

**Contributions:** Has your chapter completed its \$7.50/member/administration contribution to the President General's Project? Have you donated to other funds that sustain our National Society, its museum, library or mission? Those points add up, too.

Please discuss with fellow chapter members how you can make your chapter shine via this annual measurement of chapter health and purpose. Every member plays a role in helping her local chapter to achieve its highest possible CAA outcome.

Finally, reflecting on the 20th anniversary of the terrorist attacks on America on September 11, 2001, allow me to close by thanking the Gold and Blue Star families whose loved ones have so valiantly worn the uniform of our nation during the last two decades. As the first Blue Star Mother to also serve as DAR President General, I share a special bond with our nation's military families; and so, I thank you for all that you do to support them through both your work on behalf of our DAR Project Patriot Committee and your prayers.

Rise and Shine for America,

*Denise Doring VanBuren*  
*President General*

## DAR Book Club: Defiant Brides

The story of two Revolutionary-era teenagers who defy their Loyalist families to marry radical patriots, Henry Knox and Benedict Arnold, and are forever changed. When Peggy Shippen, the celebrated blonde belle of Philadelphia, married American military hero Benedict Arnold in 1779, she anticipated a life of fame and fortune, but financial debts and political intrigues prompted her to conspire with her treasonous husband against George Washington and the American Revolution.

In spite of her commendable efforts to rehabilitate her husband's name, Peggy Shippen continues to be remembered as a traitor bride. Peggy's patriotic counterpart was Lucy Flucker, the spirited and voluptuous brunette, who in 1774 defied her wealthy Tory parents by marrying a poor Boston bookbinder simply for love. When her husband, Henry Knox, later became a famous general in the American Revolutionary War, Lucy faithfully followed him through Washington's army camps where she birthed and lost babies, befriended Martha Washington, was praised for her social skills, and secured her legacy as an admired patriot wife.

And yet, as esteemed biographer Nancy Rubin Stuart reveals, a closer look at the lives of both spirited women reveals that neither was simply a "traitor" or "patriot." In *Defiant Brides*, the first dual biography of both Peggy Shippen Arnold and Lucy Flucker Knox, Stuart has crafted a rich portrait of two rebellious women who defied expectations and struggled--publicly and privately--in a volatile political moment in early America. Drawing from never-before-published correspondence, Stuart traces the evolution of these women from passionate teenage brides to mature matrons, bringing both women from the sidelines of history to its vital center.

Topic: DAR Book Club

Time: Sep 27, 2021 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/86915377264...>

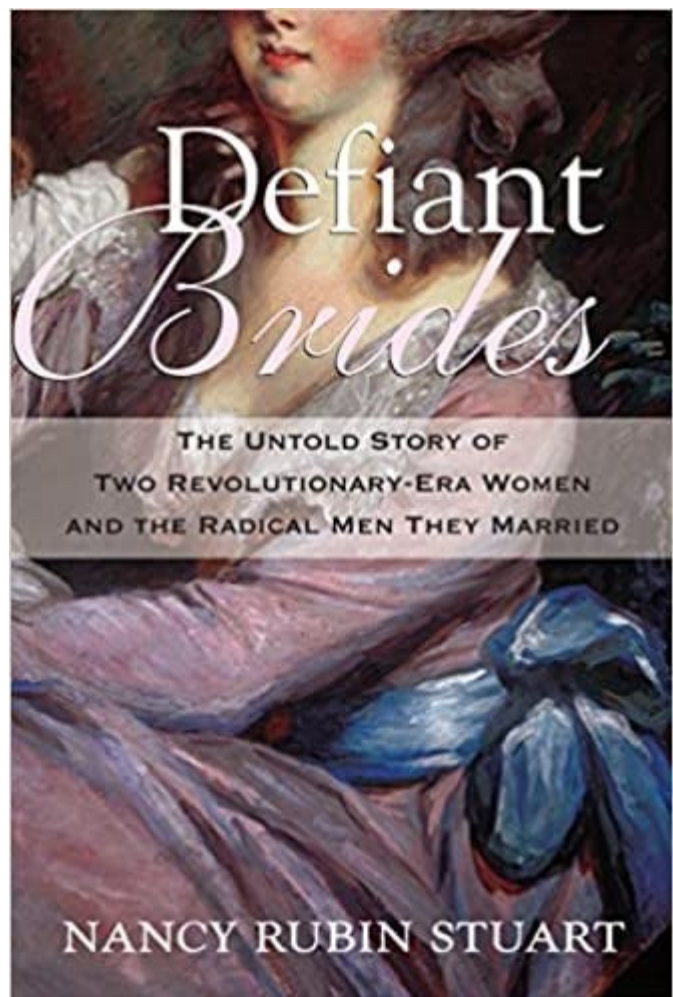
Meeting ID: 869 1537 7264

Passcode: 882550

One tap mobile

+16465588656,,86915377264# US (New York)

+13017158592,,86915377264# US (Washington DC)



# Chapter Dues



## Falls of the Rappahannock Chapter, NSDAR

Member Name \_\_\_\_\_

X all  
additional  
that you  
choose

|          |                                                         |                |
|----------|---------------------------------------------------------|----------------|
| <b>X</b> | <b>2021-2022 Dues</b>                                   | <b>\$72.00</b> |
|          | President General's Project-if not pd yet               | \$ 7.50        |
|          | Magazine (recommended)                                  | \$ 18.00       |
|          | Chapter Nametag (recommended)                           | \$ 5.00        |
|          | Chapter Yearbook (optional hard copy)                   | \$ 2.00        |
|          | Donation to chapter (optional)                          |                |
|          | The Next Act-personal donation to PG Project (optional) |                |

**Total enclosed** \_\_\_\_\_

In the first year of a new administration we collect \$7.50 for the President General's project. You have the option to pay \$2.50 over the 3 year term or the entire \$7.50 at once if you have not already done so. Check with Donna Sayre to see if you have. [dsayreDAR@gmail.com](mailto:dsayreDAR@gmail.com)

Return this form, with your check payable to Falls of the Rappahannock Chapter NDAR, to: Donna Sayre, Treasurer, 1003 Bayview Overlook, Stafford, VA 22554-5236

**If you are no longer wish to remain a DAR member, please let us know so we can resign you instead of you being dropped for unpaid dues. There is always the option of going Member-At-Large if you wish to not participate in chapter but want to remain a member.**

## Members Course Zoom Meetings

Questions about the Members Course? Please email me and I will send you the information to sign up. You will have a year to complete the course and you will learn so much!!!

Sonja.k.johnson@gmail.com

Topic: Members Course Monthly Meeting

Time

Sep 26, 2021 03:00 PM

Oct 24, 2021 03:00 PM

### Join Zoom Meeting

<https://us02web.zoom.us/j/84198635007?pwd=Wis5dlNNeGsxSEpxL2ppRVdESExxZz09>

Meeting ID: 841 9863 5007

Passcode: 357952

One tap mobile

+13017158592,,84198635007# US (Washington DC)

+13126266799,,84198635007# US (Chicago)



## DAR Conservation

Did you know that our very own Fredericksburg Food Co-op has various bins for recycling?

1. T-shirts—drop off your clean t-shirts, volunteers will make them into a reusable tote to carry your groceries.
2. Pill Bottles— cleaned pill, supplement and vitamin bottles, needed in developing nations around the world!
3. Colgate Oral Care Recycling Program—empty toothpaste and old tooth brushes can be dropped off.
4. Gillette and Venus razors—Recycle all blades, razors and plastic packaging
5. Bic Stationery Recycling Program— Writing instruments and packaging.

Let's do our part in keeping plastics out of our environment.

Fredericksburg Food Co-Op is located at 328 Jefferson Davis Hwy, Fredericksburg, VA 22401

Keep track of your recycling for our Chapters Annual Report.



## Dates to Remember

September 7th—White Oak Volunteer Fire Department 7pm

September 9th—FOTR Meeting, 7pm

September 11th—Booth at Farmers Market 9am—1pm

September 14th—Fredericksburg City Hall Proclamation for Constitution Week

September 17-19—Fall Forum—Roanoke VA

September 17 –23—Constitution Week

September 26—New Members Course—Zoom

September 27th—7pm Virtual Book Club



### **SERVICE to AMERICA!**

**Our Chapter hours donated total as of August 31 2021**

**1337**

**Please remember to log your hours!**

**[http://services.dar.org/members/committees/  
ServicetoAmerica/](http://services.dar.org/members/committees/ServicetoAmerica/)**

The Service to America! Committee encourages community service by **all** members on **all** levels as a means of honoring our heritage. You may now count your DAR hours!

If you don't want to (or can't) enter your service hours, please send them to one of the officers and we will do it for you! Emails for officers are on the front page of the newsletter.