



February 2019

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Falls of the Rappahannock

Chapter NSDAR



February Meeting

Learning CPR and AED

Speaker: Sonja Johnson

Thursday, February 14 7pm

Register Chapel UMC

85 Bells Hill Rd

Stafford, VA 22554

We will be practicing on the CPR Manikins and using an AED Trainer. Please dress accordingly . Please take the online portion of the training prior to the hands on portion. For those of you that would like a 2 year Red Cross Certification: please copy and paste this URL into chrome:

<https://www.redcrosslearning.com/course/d1c18020-c610-11e6-97ba-adc268562c07>

Certificates are \$25.00, please bring cash or check made out to HMJ Consulting,

Hostesses

Amy Stromberg and Alicia Hillmer

Chain of Survival

The time it takes for help and treatment to occur is a life and death situation during SCA. Ninety-five percent of those who experience SCA die because they do not receive life-saving defibrillation within four to six minutes, before brain and permanent death begin to occur.

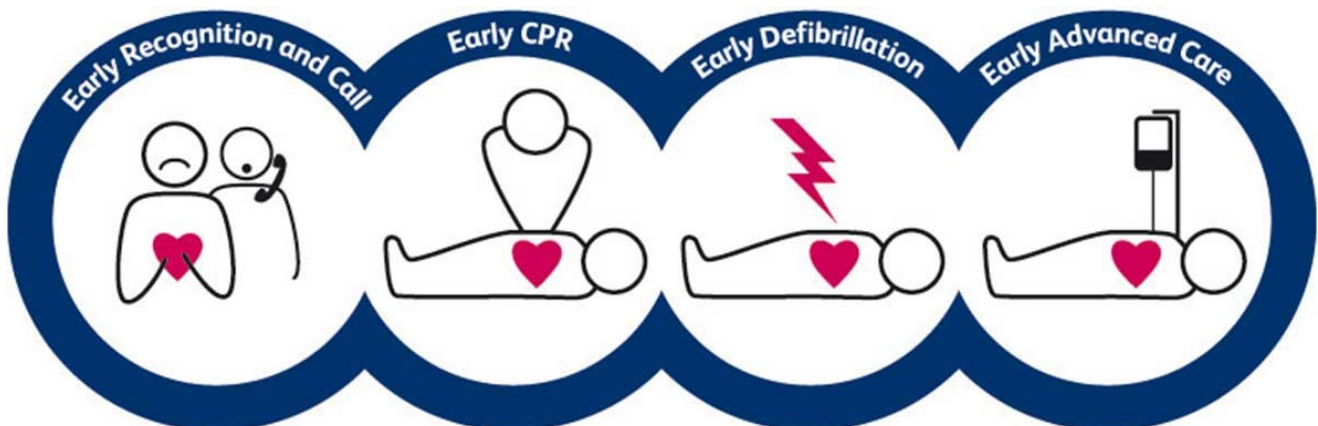
If a SCA emergency is suspected, the following steps are recommended:

1. Know the signs of SCA and react quickly. SCA strikes immediately and without warning. Victims will fall to the ground/collapse, become unresponsive and will not breathe normally, if at all
2. Call 911 as soon as possible.
3. Start CPR as quickly as possible. If you don't know CPR, conduct Hands-Only™ CPR, which is providing chest compressions by pushing hard and fast in the middle of the victim's chest with minimal interruptions at approximately 100 beats per minute (or hum the Bee Gees song "Staying Alive"). Studies of real emergencies have shown Hands-only™ CPR , to be equally or more effective than conventional CPR.
4. If available, use an automated external defibrillator (AED) as soon as possible. AEDs are a computerized medical device that can check a person's heart rhythm and recognize and deliver a shock to a heart that needs it.

AEDs are increasingly available at public locations, such as airports, gyms, malls, and office buildings. These devices will only deliver a shock when an irregular heart rhythm is detected and usually do not cause any major harm with shock.



retrieved from <https://www.hrsonline.org/Patient-Resources/Heart-Diseases-Disorders/Sudden-Cardiac-Arrest-SCA/Prevention-of-SCA>



Chapter Chat

George Washington Revealed

Join Michelle Hamilton, author and manager of the Mary Washington House for her presentation

"Myths and Legends about George Washington" at the Wednesday, February 20th meeting of the American Revolution Round Table of Fredericksburg.

The meeting will begin at 6:30 PM in the Central Rappahannock Regional Library headquarters theater, 1201 Caroline Street. FREE. Light Refreshments. Contact Jim Davis at JamesDavisW@aol.com or (540) 899-3836.

See you all on February 20th!!!

* Michelle is one of our Prospective Members!

The DAR School Committee

WILL NOT BE

Collecting used ink cartridges at State Conference

If you have used ink cartridges to recycle please e-mail Wanda at

wdeiteme@gmail.com

to obtain a free shipping label

Just place your ink cartridges in a cardboard box, seal and attach the shipping label and take to your local package store that ships UPS

Thanks!

February dates to remember:

2 – Mexican War ends (1848)

Army Nurse Corps established (1901)

22 – George Washington's Birthday

Congratulations Chapter Members!!!

Your community service hours increased this past year by 1892!!!!

Thank you for all that you do in your communities!

SERVICE to AMERICA!

Our Chapter hours donated total as of

January 31,2019

4523

Please remember to log your hours!

<http://services.dar.org/members/committees/ServicetoAmerica/>

The Service to America! Committee encourages community service by **all** members on **all** levels as a means of honoring our heritage. You may now count your DAR hours!

Chapter Chat, cont.

Wanted:

Stories, Photos, News and High Sea Adventures

This is YOUR Chapter Newsletter , please send stories, photos, news about your family/ancestors, and historical trips to the editor so that she can make this newsletter more about YOU!

Send all information to sonja.k.johnson@gmail.com

HOSTESSES NEEDED!

April's meeting -

Members will be bringing items

May—need 2



Please bring the following to every meeting:

- Box tops
- Ink Cartridges
- Coupons
- Coke bottle caps

Plan now to attend the

March Meeting

Thursday, March 14

7pm

Insignia

Speaker: Kirsten Marshall

Howell Library, 806 Lyons Blvd

Hostesses:

Peggy Neel and Susan Harvin

Chapter January Meeting



What a great evening we had at the Mary Washington House! Elizabeth [Elizabeth J. Ernst](#) gave a wonderful presentation on DNA and the DAR. It was absolutely fascinating.

We learned about the different DNA Testing Services available to the public..

23andMe

AncestryDNA

Family Tree DNA

Living DNA

My Heritage DNA



Four Types of DNA

1. YDNA
2. Mitochondrial
3. Autosomal DNA
4. XDNA

Photos by Donna C.

President General's Message

February 2019

Dear Daughters,

As we move out of the dark days of January and the blast of winter weather, February brings hearts, flowers and hope that spring is coming. I look forward to visiting the last ten states on my schedule and hearing about the accomplishments of these eastern states.

Our membership count at the beginning of 2019 is 184,776. However, 9,223 are unpaid, so we anticipate the membership number after March 1 to be significantly lower than January 1 indicated, unless you are able to help your unpaid members continue their membership, you can check e-Membership to see if any of your members are unpaid. It is far easier to keep a member than it is to find and verify a new member. I hope you will be able to increase your chapter this year with applicants, but also by retaining the members you have! The DAR Membership Application Form* has been updated to provide easier instructions to help you with the application process. Additional staff has been approved to decrease the backlog of pending applications and supplemental applications. The Genealogy Department reports during the month of January 2019 they verified the most new member applications in one month since 2016.

The DAR Library recently completed an update of their online catalog,* which features a new, simplified, user interface, with the capability for advanced searching and browsing. A number of new resources have also been added to the catalog. These updates will not only help those researching in the Library but everyone who uses the catalog from home.

The NSDAR Archivists are excited to preserve and catalog the remarkable collection of Sarah Corbin Robert's papers.* Making these accessible for researchers to learn more about the remarkable accomplishments and diverse connections of our Society's 17th President General (1938-41) will open the window to a unique period of time in our nation's history and that of the DAR as well. This collection is significant because it provides a complete record of the many facets of her life, covering over 70 years. Her father-in-law was the Robert who wrote Robert's Rules of Order and she was a notable parliamentarian in her own right, in addition to achieving so much for the DAR and other organizations. We are extremely fortunate that she kept her records and we are grateful to her family for entrusting her collection to the NSDAR and its Archives.

If you are not receiving the Today's DAR Blog via email, you are encouraged to subscribe and read all of the posts. It is a great way to stay up to date on news from National Headquarters. Another way to find out what's happening is to subscribe to the American Spirit magazine and Daughters newsletter. Be sure to check the Members' Section of the DAR website often for members' announcements. Get connected – it will make your membership mean so much more when you realize the scope of our Society.

Moving Forward in Service to America,

Ann Turner Dillon

President General



Fredericksburg Events

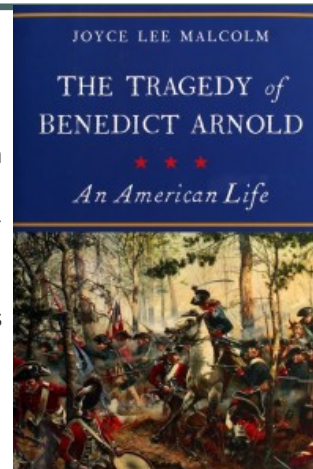
Great Lives Series

Benedict Arnold

Lecture Date: February 5, 2019

Two centuries after Benedict Arnold's death, the most infamous man in American history remains a two-dimensional caricature in the minds of most Americans: wicked, self-serving and greedy, his name synonymous with traitor. Numerous books now portray his lovely young wife Peggy as equally evil, an Eve enticing her husband to betray his country. Yet how to reconcile these assumptions with the fact it was Arnold's exploits that led to our independence. He was a brilliant commander, arguably the best officer on either side. He repeatedly risked his life on the battlefield, sacrificed his fortune and was grievously wounded fighting for the patriot cause. The evidence for Peggy's complicity in treason is flimsy at best and contradicted by her own actions.

The Tragedy of Benedict Arnold is an exciting book because Arnold's military exploits were thrilling. The story behind his eventual treason exposes a man at his wit's end desperate to maintain his honor and reputation against a slew of enemies, caught in the violent animosities that split the patriot cause, until switching sides, he lost that honor forever. The book sheds new light on this conflicted man and the nuanced and complicated time in which he lived.



Gari Melchers

Lecture Date: February 19, 2019

Nowadays when Sotheby's auctions off a painting for nearly a million dollars, no one gets overly excited, but when the artist is an American by the name of Gari Melchers, people sit up and ask, "Who?" It wasn't always so.

Born in Detroit in 1860, Gari Melchers barely finished his training before he was singled out by the art establishment as an up-and-comer. In an era of art revolution, Melchers strategized a formula for success by straddling the fence between the academic tradition and modernism. He was never without work and was handsomely compensated for it. Before long he was at the top of his profession, earning the prizes that eluded most artists and selling his pictures to the most distinguished art institutions in Europe and America. President Theodore Roosevelt was his most celebrated subject. So why have we not heard of Gari Melchers?



In recounting Melcher's story, Catron uncovers the contradictions and complexities of his art, helping to explain why he was so undervalued in the half century after his death and providing a true assessment of his important place in American painting. Along the way she delves into Melchers' personal and professional associations to deliver another "great life" and uncommon tale.

DAR Museum Events

February 12, 2019

Museum Tuesday Talk: George Washington, Entrepreneur

12:00-1:00

Free Admission

We all know of George Washington's contributions towards the founding for our nation, but did you know he was a visionary farmer, inventor, and owned a prolific distilled spirits business? Find out about the first president's business ventures with Sam Murphy, Manager of Historic Trades at George Washington's Mount Vernon.



DAR Featured Object

England's Coalport Porcelain Factory made these elaborate ice pails around 1815. Founded in 1795 by John Rose, Coalport is now owned by Wedgwood. Coalport bone china was famous for the bold "British Imari" pattern, which was inspired by Japanese design and became popular during the early 19th century. While these pails feature the dark red and dark blue colors typical of the Imari style, yellow dragons can also be seen meandering along the bottoms.

Ice pails were used at the dining table to keep items stored inside—such as frozen fruit or ice cream, a rarity in the days before electric refrigeration—cold. Crushed ice was placed in the recessed area of the lid.

The ice pails came from the estate of Lady Mary Coventry, daughter of the 10th Earl of Coventry, whose family seat, Croome Court, is located in Worcestershire, England. Rolfe Towle Teague gave them to the DAR Museum.

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Photography by Mark Gulezian



Ferry Farm

Celebrate George Washington's 287th birthday at his boyhood home with fun activities for the whole family, including games, crafts, exhibits, archaeology lab tours, living history demonstrations, the Stone Throw Challenge (weather permitting), history theater, and birthday cake.

Tour the Washington house at Ferry Farm!

\$5 adults; 17 and under free.

Stratford Hall

Cookin' for the Big House

February 16 @ 10:00 am - 12:00 pm

Enslaved cooks were highly skilled, trained and professional, creating meals that made Virginia known for her cuisine and hospitality. They were at the core of the Virginia's domesticity and culinary pride as well as the center of the plantation community. Archaeological and historical records reveal the centrality of the cook's role, and the material culture exemplifies how cooks created a black landscape within a white world and were able to share this unique space with the large enslaved population.



city and culinary pride as well as the center of the plantation community. Archaeological and historical records reveal the centrality of the cook's role, and the material culture exemplifies how cooks created a black landscape within a white world and were able to share this unique space with the large enslaved population.

Tickets for this special event are \$20 per person.

Please register for this program by contacting Jon

Bachman at JBachman@StratfordHall.org or 804-493-1972.

James Monroe Museum

Monday, February 18, 6:00-8:00 PM

Presidents' Day Monroe Conversations

Location: Monroe Hall, Room 116

Join Ed Jones, former editor of the Free Lance-Star, for a "Meet the President" style interview with James Monroe (historical interpreter James "Jay" Harrison III)!

The program will be followed by a reception and opportunity to meet President Monroe.

Lost and Found



This spoon was left at the White Oak Civil War Museum after our June potluck dinner. Please contact Susan H. if it belongs to you.

Misc.

Please save and bring your old newspapers to the March Meeting. These will be used to make the planters for Earth Day.